

# Chatham Chatlist #2799

Contributed by Gene Galin  
 Monday, 16 April 2007  
 Last Updated Sunday, 15 July 2007

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Date: Mon, 16 Apr 2007 04:04:43 -0400  
 From: "Lee Pollard - Computer Therapy, Inc." <lee...computer-therapy.com>  
 Subject: Perry Harrison Community Art Show

PHS COMMUNITY ART SHOW - TUESDAY, April 24th 2007

Come join Perry Harrison Elementary School's (PHS) friends and families for a fabulous PHS community art show! It is Thursday 4/24 from 6pm to 8pm in the PHS cafeteria. Get yourself some great MOTHER'S DAY gifts!! There will be many artists including:

\* Teresa Klein of "Sanctuary." She is an artist/decorator and makes soulful enhancements for the home. She creates florals, photographs, notecards and paintings.

\* Victoria Cleveland of "Artistic Home Creations," creates paintings, murals, window treatments and furniture: [www.artistichomecreations.com](http://www.artistichomecreations.com)  
 <<http://www.artistichomecreations.com/>> .

\* Sally Bond will be bringing beautiful beaded earrings, bracelets and necklaces.

\* Nonah Mensah will be sharing some of her fabulous watercolor and acrylic paintings and more.

\* Leah Vigus, PHS' very own art teacher, will have paintings, pouches, handbags and more.

\* Erica Perlow, owner of "Erica's Collection" will be bringing lots of custom beaded jewelry and will be selling it all at 30% off regular prices! Preview online at [www.ericascollection.com](http://www.ericascollection.com) <<http://www.ericascollection.com/>> .

\* Leah Vigus will also be setting up a beautiful display of some of PHS finest student art work.

\* Rebekah Smith, award winning pressed flower artist - [www.flowerox.com](http://www.flowerox.com)  
 <<http://www.flowerox.com/>>

\* So come on out and have some fun, and support your local artists and community.

\* A portion of the proceeds will be donated to the PHS-PTSA!

There will be a brief PTSA meeting at 7 PM during the Community Art Show.

Topics discussed will include updates on the budget and fundraising, officer elections, and planning for upcoming events including Staff Appreciation Week from May 6-12 and the first annual "Run for the Mariners" 5K and 1 mile fun run fundraiser planned for Saturday, June 2 at 9 AM. For more information visit our website at <outbind://20/www.phsptsa.com> www.phsptsa.com

----- 2 -----

Date: Mon, 16 Apr 2007 06:17:31 -0400  
 From: Phyllis Thomas <pthomas...email.unc.edu>  
 Subject: Ace Hardware in Siler City

I don't usually complain about a local business, but I had a really disturbing experience at Ace Hardware in Siler City last Friday.

I went into the store looking for paint buckets. The clerk was very busy talking to someone there, and every few words were curse words.

Now, I've used bad words before, but a business should demand better from the people that work there. For all I know, he was the owner.

I got my buckets and was getting ready to pay for them, when such a rash of cuss words came out of his mouth, that I just left them there and walked out.

Has anyone else had a similar experience? This was not a young person, but a man probably at least 65 years old. If he was the owner, I'd like to know how many customers have been run off by his offensive language.

Thanks for the venting time,

----- 3 -----

Date: Mon, 16 Apr 2007 09:09:44 -0400  
 From: <asfewas2...peoplepc.com>  
 Subject: Fish Fry

The Bynum Ruritan Club invites you to come and enjoy this months meal with them. Saturday, April 21st from 4-7PM. Fish, Potatoes, Cole Slaw, Hush Puppies, Coffee, Tea and Homemade Desserts. \$7.00 per adult \$3.00 per child. Come join us! Pick up a flyer on all the upcoming events at the Ruritan Club while your there.

----- 4 -----

Date: Mon, 16 Apr 2007 09:15:42 -0400  
 From: <asfewas2...peoplepc.com>  
 Subject: Pittsboro Farmers Market

Larry's Famous Cheesecake & Biscotti will be at the Pittsboro Farmers Market for the first time this coming Thursday, April 19th from 3:30 -6:00PM. Try a sample of how good they are and by a whole one to take home to the family. 6", 8" and 10" plain cheesecakes will be available along with boxed biscotti. See you there! Feel free to e-mail us if you have any questions. asfewas2...peoplepc.com

----- 5 -----

Date: Mon, 16 Apr 2007 15:42:13 +0000  
 From: "helen kern" <helenkern86...hotmail.com>  
 Subject: Positive Thinking & Meditation

Greetings everyone! <BR><BR>I have finally set the date for Meditation 1 Course here at Pittsboro <BR>School of Yoga. <BR>The course dates and times are as follows: Monday April 30 at <BR>6.15pm-7.30pm. The class will meet for 4 consecutive weeks at the same <BR>time each week. <BR><BR>Each week we will talk about topics such as Positive Thinking as an <BR>aid for meditation, mechanics of the mind, obstacles to meditation, <BR>nature of thought, how to develop a daily practise and why, benefits <BR>of meditation, meditation and the subconscious mind, concentration <BR>practices, 8 limbs of ashtanga yoga, keeping a spiritual diary and <BR>more. <BR><BR>Each class will consist of 45 minutes theory and discussion followed <BR>by 30 minute silent seated meditation. Please bring your own cushion. <BR>I am extremely enthused and excited to beging this course and look <BR>foward to seeing many of you here! <BR>Pre-registration is required, tuition is \$60 and can be mailed or <BR>dropped off in person. <BR><BR>Meditation (Dhyana) <BR><BR><BR><BR>Positive Thinking & Meditation constitute one of the 5 fundamental <BR>points of Yoga as taught by Swami Vishnu-devananda founder/Sivananda <BR>Yoga Vedanta Centers. <BR>When the surface of a lake is still, one can see to the bottom very <BR>clearly. This is impossible when the surface is agitated by waves. In

<BR>the same way, when the mind is still, with no thoughts or desires, you <BR>can see the "Self" this is called "Yoga".  
 <BR><BR>We can control the mental agitation by two means: by concentrating the <BR>mind either externally or internally. Internally, we focus on the <BR>"Self" or the consciousness of "I am". Externally, we focus on <BR>anything other than the "Self" or "I am". <BR><BR>When we take up some recreation on putting the ball into the hole <BR>(golf), the other thoughts are slowed down or stilled. We feel we have <BR>played a good game when we have achieved perfect concentration. The <BR>happiness we experience comes, not because the ball being put in the <BR>hole eighteen times, but because we have achieved perfect <BR>concentration eighteen times. At that time, all the worries and <BR>problems of the world disappeared. <BR><BR>The mental ability to concentrate is inherent to all; it is not <BR>extraordinary or mysterious. Meditation is not something that a Yogi <BR>has to teach you; you already have the ability to shut out thoughts. <BR><BR>The only difference between this and meditation (the positive way), is <BR>that generally we have learned to focus the mind externally on <BR>objects. When the mind is fully concentrated, time passes unnoticed, <BR>as if it did not exist.  
 When the mind is focused, there is no time! <BR>Time is nothing but a modification of the mind. Time, Space, and <BR>causation and all external experiences are mental creation. <BR><BR>All happiness achieved through the mind is temporary and fleeting; it <BR>is limited by nature. To achieve that state of lasting happiness and <BR>absolute peace, we must first know how to calm the mind, to <BR>concentrate and go beyond the mind. By turning the mind's <BR>concentration inward, upon the self, we can deepen that experience of <BR>perfect concentration. This is the state of Meditation". </TT></P> <P><TT><A xhref="http://www.pittsboroschoolofyoga.com">www.pittsboroschoolofyoga.com<

----- 6 -----

Date: Mon, 16 Apr 2007 08:45:41 -0700 (PDT)  
 From: "Eric F. Shook" <ericshook1...yahoo.com>  
 Subject: TuEsDaY - TRIVIA NIGHT ... C.M.P.

ATTENTION FELLOW CHATHAMITES!!!

If you love asking or answering  
 questions, making new friends, good  
 food and beer, head on down to  
 Chatham Marketplace for A GOOD TIME!!!

Pittsboro's own Eric Shook hosts this  
 weekly event with reeling conversation and outrageous gesticulation, a dash of wit, a pinch of charm, and just the right  
 amount of zest!

Come out and enjoy delicious, made-fresh-this morning pastries and an inspiring mug of organic, fair-trade coffee. Or a  
 Pabst!

Thank You, Sarah Shook  
 wife of-

Eric F. Shook

----- 7 -----

Date: Mon, 16 Apr 2007 12:12:18 -0400  
 From: "Aria Skin & Laser Spa" <aria...bellsouth.net>  
 Subject: Tobacco Trail

The trail head for The Tobacco Trail in Chatham is just off of 751 about a mile south of 64. It is on the east side of the  
 road and is very well marked. The gate and bathrooms open at 8:00am, but there is parking for about 10 cars outside the  
 gate if you are an early riser.

Vernon Mulanix  
 Aria Skin & Laser Spa  
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 Office: 919-968-7772  
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----- 8 -----

Date: Mon, 16 Apr 2007 11:31:43 -0500

From: <ggalin...bellsouth.net>

Subject: CJ's most popular YouTube Videos

Here's the ten most popular YouTube videos I've done in the last couple of weeks

1. Northwood's Beauty & the Beast "Me" 02:42 Added: 2 weeks ago Views: 669  
<http://youtube.com/watch?v=qZlukCV8PbY>
2. Northwood's Beauty and the Beast 00:29 Added: 2 weeks ago Views: 435 <http://youtube.com/watch?v=XCpQldtCKhE>
3. Northwood's Beauty & the Beast 00:49 Added: 2 weeks ago Views: 332 <http://youtube.com/watch?v=zo4IFEXmOaE>
4. Northwood's Beauty & the Beast "Belle" 02:12 Added: 2 weeks ago Views: 248  
<http://youtube.com/watch?v=AH2V6eIRQiA>
5. Interview with Pittsboro Mayor Randy Voller - 4/04/07 04:14 Added: 1 week ago Views: 241  
<http://youtube.com/watch?v=nYnXxJU9sbM>
6. Interview with Bead Hive's Monica Howell 04:05 Added: 2 weeks ago Views: 207  
<http://youtube.com/watch?v=cCkMYJZSLYE>
7. Northwood's Beauty & the Beast - B Our Guest 02:50 Added: 1 week ago Views: 186 <http://youtube.com/watch?v=-VUvzbbOiNI>
8. Northwood's Beauty & the Beast "No Matter What" 01:11 Added: 2 weeks ago Views: 183  
<http://youtube.com/watch?v=G8Gu7HmpVC8>
9. Grand Opening of Andy's Cheesesteaks in Pittsboro, NC 04:06 Added: 1 week ago Views: 170  
[http://youtube.com/watch?v=\\_GSD1KT8wSw](http://youtube.com/watch?v=_GSD1KT8wSw)
10. Interview with Vance Remick of Pittsboro General Store Cafe 03:49 Added: 6 days ago Views: 98  
[http://youtube.com/watch?v=LphQUQXKn\\_A](http://youtube.com/watch?v=LphQUQXKn_A)

Pittsboro, NC YouTube Playlist at

[http://www.youtube.com/view\\_play\\_list?p=AC3923E090F4AE84](http://www.youtube.com/view_play_list?p=AC3923E090F4AE84)

----- 9 -----

Date: Mon, 16 Apr 2007 13:17:47 -0400

From: "Kitty Griffith" <kittygriffith4...msn.com>

Subject: Chatham County Democratic Party Elects Officers Saturday, April 15, at Its Annual Countywide Convention in Pittsboro

Chatham County Democratic Party Elects New Officers

The sound of 140 voices singing =93America the Beautiful=94 wafted from = the old courthouse in Pittsboro Saturday morning, April 14, as 96 = delegates and their guests assembled for the Chatham County Democratic = Party Convention. Delegates came from Chatham County=92s 18 precincts = and joined with elected officials and other guests to talk and meet at = this annual Chatham County Democratic Party (CCDP) gathering.=20

The main business of the convention was the election of new Chatham = County Democratic Party Executive Committee officers. All were elected = unanimously: Karl G. Kachergis, chair; Bonnie Bechard, first vice = chair; Delcencia Turner, second vice chair; Cedric Lee, third vice chair; = Katherine S. Griffith, secretary; and Jack Parry, treasurer. Also = elected were delegates to the North Carolina Democratic Party District = Conventions. Several other state party positions were also filled.

U.S. Congressman David Price and N.C. Lt. Governor candidate Dan Besse = both spoke to the enthusiastic crowd. Other elected officials there = were Speaker of the N.C. House of Representatives Joe Hackney; N.C. = Senator Bob Atwater; Judges Pat Devine and Allen Baddour; County = Commissioners Mike Cross, George Lucier, Carl Thompson, and Tom = Vanderbeck; Sheriff Richard Webster; Soil & Water Dist. Rep. Rich Hayes; = and Pittsboro Mayor Randy Voller. U.S. Congressman Bob Etheridge and = Presidential candidate John Edwards sent representatives.

Chatham County Democratic Party delegates also considered and passed = resolutions to be presented to the N.C. Democratic Party Convention on = May 19.

----- 10 -----  
Date: Mon, 16 Apr 2007 21:05:18 +0000  
From: Jeff Lane <jeff...jefflane.org>  
Subject: Framing things

I would have used a better subject line, but it's the best I can think of at the moment...

Could one or more of you gracious artistic types that reside in our fair county help me find a good framer? I have a high school diploma and a school newspaper that is circa 1930. They are my Grandmother's diploma and her school newspaper, both from a school that no longer exists. I want to find someone who is phenomenal at framing things like this in a way that looks attractive, but most importantly will preserve them. Obviously I have reservations about taking it to Michaels or somewhere like that.

So, with that thought in mind, I thought I would turn to the myriad painters and photographers and other artists in the area in hopes that you could provide leads to reputable framers who could create a shadowbox or other such display for these things that will protect them as best as can be done (without building something akin to what the U. S. Constitution is framed in) and then hung on my wall next to some other things I have from that bygone era and my family's farm.

Thanks  
Jeff

----- 11 -----  
Date: Mon, 16 Apr 2007 21:10:21 -0400  
From: "Bob Holden" <rlholdenjr...earthlink.net>  
Subject: 13-15 year old baseball starts this week

East Chatham Baseball is putting together 4 recreation teams to play locally.

It is not too late to sign up but we need to organize the teams soon.

Registration forms <http://www.eteamz.active.com/eastchathambaseball/handouts> at the bottom of the web page.

Call 542-1831 if you need more information.

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Chatlist Affiliated Links

- Chatham Journal Podcasts at <http://www.chathamjournal.net/podcasts>
- Chatham Chatlist at <http://www.chathamchatlist.com> Chatham Journal Newspaper at <http://www.chathamjournal.com/weekly>
- Chatham Online Bulletin Board at <http://www.chatham-county-nc.com/bulletinboard>
- Chatham County Schools (unofficial) at <http://www.chathamcountyschools.net>
- Chatham Online at <http://www.chathamnc.com> Chatham County Online at <http://chatham-county-nc.com/> Chatham Online Links at <http://www.chathamnc.com/chathamlinks/>
- Chatham Business Directory at <http://www.chathamnc.com/chathambiz/>
- Chatham Journal Newspaper Online Store at <http://www.cafepress.com/chathamjournal>

This E-mail digest is maintained by Gene Galin  
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